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Council On Aging Minutes 11/21/2013

Arlington Council on Aging Executive Board Meeting Minutes
 Thursday, November 21, 2013
 Ground Floor Conference Room
 Arlington Senior Center
 27 Maple Street
 Arlington, MA 02476
 5:45 pm

Members present: Sue Culhane, Ann FitzGerald, Ingeborg Reichenbach, Richard "Dick" Phelps, Annette Bender, Mara Klein Collins, Joanne Morel

Absent, Bill Carey. Lucilia Prates,

Assoc Members, Karen Nichols, Ann MacGowan

Staff: Susan Carp, M.S., Executive Director

Guests- Elisa Lopez, ASA rep.

1. Call to Order by Sue Culhane, Chair at 5:47 pm.

2. Citizens Open Forum- No discussion.

3. Minutes of October 17, 2013, meeting accepted.

4. Report of Chair and Co- Chair- Sue C. reports the 12 week Nutrition and Exercise Program going well with 20 participants. Many positive comments on Living Well 60 and Beyond. Joanne reports that Symphony trip great success 2 buses needed.

5. Executive Directors Report -Living Well 60 and Beyond October 26,2013 attended by over 300 people. Speakers were well received, over 200 lunches served. 25 seniors used vans and stayed for programs. 35 persons have requested LINKS assist. Fees collected totaled \$4,300 final tally not done, 75 Charlie Cards given out, 60 massages given. The Staff were great, volunteers awesome, organization was impressive. The vendors were happy as well. Space was open and airy.

2 Grants applied for one \$5000 SIG, other for GPS systems.

15 clients have applied for Fuel Assistance as of Nov.1 program runs through April 1, 2014.

55 people attended luncheon provided by Punjab and Sahili on Nov. 19, 2013.

Bill M. reports 135 requests for Thanksgiving meals with 40 volunteers waiting to assist.

Friends of ACOA request application for mini-grants due before Dec.31, 2013, they are also sponsoring Stocking Stuffers for 70 recipients.

NCOA accreditation will be sought by Susan as it increases visibility for grant funding.

Save Dec.31, 2013 11:30 for New Year's lunch and music, cost \$3.00.

6. Reports -MMSS--Online Auction December 2-8,2013.

COA liason to ASA- Ingeborg-Elisa Lopez new president, cutting down on Newsletter costs by encouraging On line receipt.

ASA Liason to COA- Elisa now representative to COA, reminder to sign up for Christmas Party December 14,2013 cost \$6.00.

Joint ASA, COA - No meeting this month.

Friends of Arl. COA-volunteers needed for Stocking Program, drivers, and elves to stuff.

7a.Unfinished Business- Grant ideas for FRACOA funds.

7b. Building Committee- Central School part of Master Plan to be evaluated for up grades,

Ann attended meeting Nov.7, 2013. Left a written statement to clarify an error i.e. that the Center work had been completed.

8. New Business-Susan outlined current budget numbers will need Sevoyan funds in January.

9 Adjourn- Motion made at 7:07 pm. Next Meeting, December 19,2013 at 5:45pm.

Respectfully Submitted,
Ann FitzGerald ,sec.